



THE KNIGHTLY NEWS

Roanoke Council #562 Newsletter

February, 2023

Upcoming Events

2/6 (Monday) February Council Business Meeting. Dinner served at 6:30. Meeting at 7:30.

2/11 (Saturday) St Maron's Dinner at St. Elias 6:00.

2/12 (Sunday) Super Bowl LVII - 5:00 watch party at the Council Home (see separate article).

2/20 (Monday) Presidents' Day

2/22 (Wednesday) Ash Wednesday - Lent begins.

2/23 (Thursday) "Purpose Driven Retirement Strategies" webinar 7:00 (see p7)

2/25 (Saturday) Polar Plunge - Radford

3/1 (Wednesday) February 4th Degree meeting. Renewal of Obligations. Dinner served at 6:30. Meeting/ceremony at 7:30.

3/3 (Friday) Lenten fish fry at OLN.

3/4 (Saturday) Virginia State Quarterly Meeting - Glen Allen

3/6 (Monday) March Council Business Meeting. Dinner served at 6:30. Meeting at 7:30.

Please also refer to our Facebook page: <https://www.facebook.com/RoanokeKnights/> for additional announcements

Grand Knight's Report

Worthy Brother Knights,

I asked our Newsletter Editor Rich to include a report that was sent to me as Grand Knight that showed the demographics of our council. I ask you all to look it over (page 7). Half of our council are 66 or older. However, we also have 113 members that are between 35 and 65. It is to you in particular that I reach out to now – where are you? Currently we live in an age where our beliefs as Catholic Men are under attack. Our place and position that we are supposed to hold in our families and communities are in flux and debated on TV. Our authority over our children vs. the government's is no longer as clear as it was preCOVID (not even 5 years ago). So what do you do? How do you effect a change in this big world? How do you make a stand that would mean anything?

I personally believe that the works done by this council of the Knights of Columbus is how I am able to make a difference. We are called as Catholic men to be examples to both our generation and to the next of what to be and how to act. I am not here to tell you how to run your family nor should I. I can tell you that we are meant to be Catholics in all parts of our lives not just Sunday morning. We are called to do corporal works of mercy. These are:

(Continued, P2)



January Business Meeting Highlights

- Grand Knight Clyde Moak thanked members for their support and participation in programs over the past year. He also conveyed appreciation from Fr. George for the honor guard at St. Elias.
- The council welcomed BK Greg Benda, a transfer member from Michigan.
- Programs:
 - A degree will be held Monday, 1/16.
 - March for Life 1/20 and 2/1 - buses available from St. Andrew's
 - Polar Plunge for Special Olympics 2/4 (Virginia Beach) and 2/25 (Radford).
 - Fr. Mike Schmidt podcast - "Catechism in a Year"
 - KOVAR—planned for March - April at ABC Stores.
 - Free-throw contest upcoming RCS Gym.
 - Watch parties at the hall planned:
 - College Football Championship - 1/9
 - Super Bowl - 2/12
 - Fish fry's are being planned for Lent - 3/3, 3/10, 3/31 at OLN.
 - Applications for Canfield and Fr. Bader Scholarships are now open.
 - Exemplification of the 4th Degree planned for Saturday, May 20 at St. Elias.
- A motion was passed to purchase a \$150 hole sponsorship for the State Golf Tournament to be held May 5 at Hell's Point Golf Club in Virginia Beach.
- A moment of silence was held in memory of Fr. Joe Lehman and Pope Emeritus Benedict.
- Prayers were offered for those sick and in distress (see separate article).

GK Report (continued from P1)

feeding the hungry, visiting the imprisoned, burying the dead, clothing the naked, caring for the sick, giving shelter to those in need, and offering drink to the thirsty. I believe that as a member of this council I can do and have done all of these. As a member of this council we can help our community and make a stand in our beliefs.

Now to those 113 members between 35 – 65, and I am one of you, most of you tell me that you don't have time. I understand. I usually work 50 hrs a week, have 3 boys with plenty of events of theirs to go to and want to spend time with my family. However I also have a responsibility to my community and church. I ask you do what I have done – **GET INVOLVED!!** It doesn't have to be a lot – I am not asking you to join a committee and put in 3 hrs a week. I am asking you to commit to help our council in 1 activity this year. Be it to come to a 1 hr meeting on a Monday or spending a few hours helping at a fish fry. Sign up to come out to at least one event this year and help. Did you know that almost 40 yrs this council has had a group provide and serve lunch to the needy at RAM house every 3rd Saturday of the Month? Get Involved. With your help we can do so much more to help the people of Roanoke. But we need your help. The 136 that are over the age of 66 have and continue to help but they are getting older and need those of us 35 – 65 to step up. Please be more than a number on a page. I look forward to seeing you at our events this year and those to come.

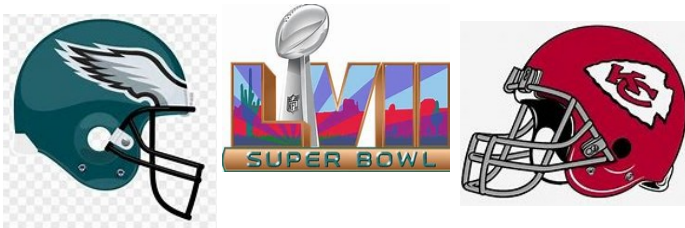
Vivat Jesus!

Clyde Moak, Grand Knight



Super Bowl LVII

On Sunday, February 12, the Philadelphia Eagles will play the Kansas City Chiefs in Super Bowl LVII. We will host a watch party as before: doors open at 5pm – game starts 6:30. Remember this is totally a potluck dinner so bring something wonderful to share. And if you can bring an extra pot of chili to enter in our annual Chili Cook-off that will be fantastic. We will see who can bring the heat and keep the flavor coming. Please tell your friends and family and bring them to enjoy a great time at the Knights' Hall.



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February Birthdays

Birthday wishes to the following Brother Knights with birthdays in February:

Kevin E Legge	February 2
Christopher M Moak	February 3
Jamie S Elliott	February 4
Daniel A Lofaro	February 4
Gustavo Esperanza	February 5
Randal J Gatzke	February 5
Valentino J Sartini	February 5
Stephen R Wills	February 7
Paul T Miller	February 8
George A Cuadrado	February 12
Jack T Liddy	February 12
Roy D Zangari	February 13
Christopher M Lazzuri	February 15
Oliver E Thorum	February 15
Patrick T Reidy	February 16
Gregory S Benda	February 23
Harvey L Largen	February 24
William G Boucher	February 25
Bradley S Mcdivitt	February 26
Timothy J Rowe Jr	February 28

2023 Free Throw Challenge

Our 2023 Free Throw Competition is tentatively scheduled for Saturday, Feb 25th at Roanoke Catholic. The Free Throw Challenge is for boys and girls aged 9 – 14. Winners of each category will be able to compete at the district event and if successful will be eligible to go the VA state competition at Benedictine College Prep in Richmond on Saturday March 25th. Please, if you are free that weekend come and help us out. Also spread the word and if you have eligible children then please bring them by.



Saint of the Month

Peter Damian

Peter was the youngest child born into a large family in Ravenna, Italy in 1007. His parents died when he was young, so he went to live with one of his older brothers who mistreated him. But another brother, Father Damian, took him in and provided him with an excellent education. Peter was so grateful to his priest brother that he added his brother's name to his own.

Peter was an excellent student. Upon the completion of his education, Peter Damian began a very successful teaching career. But he soon engaged with Benedictine monks and entered a monastery in Fonte-Avellana, where he found a call to monastic life.

As a monk, Peter Damian lived a life of prayer and extreme penance. Eventually he was asked to teach his fellow monks and monks in neighboring monasteries; he also began to write. In 1043, at the young age of 35, Brother Peter Damian was named the prior of his monastery. He soon founded five new hermitages in the surrounding villages.

In 1045, Peter Damian wrote to newly-elected Pope Gregory VI, encouraging him to tackle corruption and scandal within the Church. In the years that followed, more than one pope called on Brother Peter Damian to help accomplish that very goal. He wrote many letters in an attempt to bring about numerous reforms of the clergy.

In 1057, Brother Damian was made the Cardinal-Bishop of Ostia by the pope. As a new cardinal, he quickly challenged his brother cardinals and tried to weed out corruption. Pope after pope called on him for help, even while other church leaders opposed him. In 1072, at the age of 65, Cardinal Peter Damian fell ill and died a week later.

Never formally canonized, St. Peter Damian was celebrated as a saint soon after his death in many of the places associated with his life.

In 1823, Pope Leo XII named him a Doctor of the Church and extended the observance of his feast day throughout the Western Church. Pope Benedict XVI, in his September 9, 2009 general audience, noted that the Benedictine monk, cardinal, and Doctor of the Church, St. Peter Damian (1007-72), was "one of the most significant figures of the 11th century ... a monk, a

lover of solitude and at the same time fearless man the Church, committed personally to the task of reform, initiated by the Popes of the time."



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Prayer Requests

Please keep Brother Knights and their family members in your prayers:

- Ed Malinowski
- Jane Wills, mother of BK Steve Wills
- Allison Ripple, daughter of BK Brian Ripple
- Glen Waldis
- Nate Griffith's mother
- Msgr. Joe Lehman - deceased.
- Fr. Steve McNally - deceased
- Pope Emeritus Benedict XVI - deceased



Scholarships Available To Knights and their Families in Virginia

COUNCIL (Scholarships provided by our Knights of Columbus Council here in Roanoke)

Our own Roanoke 562 Council has the Albert H. Canfield Scholarship. An applicant, to be considered, must be a member of Council 562, the wife of a member, or the legally recognized child, or grandchild, of a member provided that the member is in good standing, or if deceased, was in good standing at the time of death. Applications will be considered based on past academic performance, financial need, and a demonstrated dedication to service in the community and/or church. All applications must be received by April 1st and must be accompanied by a copy of the applicant's most recent transcript (transcript does not have to be an official copy). Applications received after the cut-off date or applications received incomplete will not be considered. Applications can be found on the Council's website at: <http://www.kofc562.org/canfield/> and are due by April 1.

STATE (Scholarships through the Knights of Columbus Virginia State Council)

The Virginia Council of the Knights of Columbus has a scholarship called the Father Bader Scholarship. The program offers need-based scholarships for Knights and also their wives and widows of Knights. This award has been extended to include grandchildren of Knights. It also offers scholarship aid to graduating high school seniors who are children of Virginia Knights in good standing. Information can be found at <https://vakofc.org/programs/fr-bader-scholarship/>

and applications are accepted from Jan 1 – March 31.

SUPREME (Scholarships through the Knights of Columbus Supreme Council)

There are numerous college scholarships that Supreme either funds or operates in trust. They include grants in the areas of teaching, financial need, relatives of Veterans, or attendance at a catholic college or university. They can be renewed for a total of 4 years. Applications are available at www.kofc.org after Oct 1st and are due by March 1st. Please contact Leon Vinci if you have any problem finding these.

Remember to check each Website for specifics on eligibility, updates, and changes .

Member Needing Occasional Ride

A member of the council, Patrick Crowe, is looking for occasionally help in getting places – particularly to mass at St Andrews. He does not have a vehicle and is handicapped. He lives in the apartment building next to the Hotel Roanoke. If you are able to occasionally help him out please contact him at patrickcrow2020@gmail.com.

Retirement Strategies Seminar - February 23

On Thursday, February 23, the Abbate Agency will sponsor an on-line seminar "Purpose Driven Retirement Strategies" presented by Joe Jordan. Joe is an award-winning author, financial expert and Brother Knight. (See flier, P8). Registration is required and can be completed at <https://purpose.abbatekofc.com>.

St. Maron's Dinner

St. Elias Maronite Catholic Church invites you to St. Maron's Dinner:

When

Saturday, February 11

Dinner seating at 6:00PM
(carryout also available)

Where

St. Elias Maronite Catholic Church

4730 Cove Road, Roanoke
in the church hall

Menu

Lamb & Rice -or- Chicken & Rice
Kibbee
Spinach Feta Roll
Fattoush Salad
Hummus
Bread
Assorted Sweets
Iced Tea, Lemonade, and Coffee

Tickets

On sale through Sunday, February 5

Adults – \$28 (Lamb), \$24 (Chicken)

Children 10 and under – \$12 (Chicken)

After February 5, ticket prices increase \$5 each (if available).

For tickets, call 540-562-0012.

Lenten Fish Fries

We will be resuming our Lenten fish fries this year with three events at OLN. Dates are Fridays, March 3, 10, and 31. These events always take a lot of manpower, so please plan to help out if you can. If you are unable to actively help out, please plan to support one or more of these events. The fish fries are open to the public, there is eat-in or take-out, so plan to come out and enjoy a good meal and some great fellowship.



State Golf Tournament May 5

The second annual Knights of Columbus Virginia State Charity Golf Tournament will be held at Hell's Point Golf Club in Virginia Beach on Friday, May 5. Registration is \$100 per player; format is 4-ball captain's choice. Registration is on-line at <https://golf.abbatekofc.com>.

Upcoming Degree Ceremonials

- Exemplification of Charity, Unity, and Fraternity - Roanoke - TBA (two new members were welcomed at an exemplification on January 16.)
- Exemplification of Patriotism - Saturday, May 20, 2023 - St. Elias, Roanoke. Further details TBA.



Demographic Description of Council 562


Membership January, 2023

Council Description			
Council	562	Name	Roanoke
District Number	33	Region	SOUTHWEST
Parish	St Elias, Our Lady of Nazareth, St Andrew (St Elias is Eastern Rite Parish)		
Diocese	R	Location	Roanoke


Council Membership		Recruiting Opportunities	
Membership	269	Avg Yrs of Service	23.1
Avg Member Age	64.3	Members Not Residing in Virginia	15
Youngest	19.9		
Oldest	98		

Council Membership by Age Bin		Percentage of Council Membership by Age Bin	
18 to 24 yrs	5	Pct 18-24	1.9 %
25 to 34 yrs	15	Pct 25-34	5.6 %
35-54 yrs	47	Pct 35-54	17.5 %
55-65 yrs	66	Pct 55-65	24.5 %
66 and older	136	Pct 66 and over	50.6 %

Council Status		
Quota	15	Year-to-Date Gain
Pct of Quota	13.3	Year-to-Date NET
		Ins. YTD NET
Membership Active	YES	Audit
Form 365 (Program Directors)	YES	Withdrawals
Form 185 (Officers)	YES	



Online Data Pulls as of Mid-December 2022



GUIDELINES FOR SUBMISSION OF OUTSTANDING YOUNG MAN / WOMAN OF THE YEAR NOMINATION

PURPOSE: To recognize the excellence of the young men and women of our communities and to promote the recognition of their contribution within their community and the Jurisdiction of Virginia.

ELIGIBILITY: Any young man or woman between the ages of **12 & 18** on the due date and residing within the general community jurisdiction of the nominating Council will be considered for the award. Councils **must** submit both young man and young woman nominations to be considered for the State Deputy Award.

DUE DATE: All nominations are to be turned in to the STATE GENERAL PROGRAM DIRECTOR by **March 15, 2023**. programsdirector@vakofc.org , and Youth Chairman tobyhrobil-lard@gmail.com

NOMINATION SOURCES: Suggested sources are via solicitation of nominees from:

- Council membership
- Priests, Ministers, Rabbis and other Religious
- Public and/or private schools and their support organizations
- Your entire community

SELECTION AT COUNCIL: The methods that local Councils utilize to select their Outstanding Young Man/Woman of the Year (their State Nominee) is at the discretion of each participating council. Factors to consider include:

- Outstanding contribution(s) made by the nominee.
- Academic excellence
- Involvement in civic, religious and/or school-related programs
- Participation in extracurricular activities
- Special achievements - Any awards/recognition received
- Participation with his/her family in performing any of the above

HELPFUL HINTS: The following steps are provided to assist you in preparing and submitting your Council's nominations for competition at the state level.

Begin by making a list of your nominee's contributions, accomplishments, involvement, participation, awards/recognition, achievements, and categorize those lists by item number and name. Include everything that you can under each item. Simply state the individual's academic achievement.

When satisfied that you have listed and categorized all of your nominee's contributions, make a draft of each entry and make it as readable as possible by

Listing the contributions under each item or subtopic.

GUIDELINES FOR SUBMISSION OF OUTSTANDING YOUNG MAN / WOMAN OF THE YEAR NOMINATION (Continued)

Presenting the contributions under each item, using the space provided, use short, concise statements. Shorter is better in this instance. Long-winded, complex and/or rambling sentences tend to confuse the reader (scorer). The reader will score the entry on substance, not writing skill.

When referring to the nominee use terms such as, “our nominee”, “this nominee”, “our council”. Use your imagination to come up with “generic” phrases.

Please use Young Man/Young Woman form, from the Virginia State Website

WHAT NOT TO DO:

Do **not** refer to the nominee by name.

Do **not** refer to your Council name or number.

Do **not** use the nominee’s parents, school, city, town or county name.

Do not use the nominee’s pastor, church, congregation or any name that would identify or indicate who the nominee is or where they live.

Do **not** use your own format. Use the forms supplied in this booklet and only the space provided on the forms. If you use another format or forms your submission may be disqualified.

Once you have made a statement or listed an accomplishment about the nominee, **do not** repeat the same information in another category.

Joe Jordan Presents

Purpose Driven Retirement Strategies



Join us for an informative online presentation by award-winning author, financial thought leader, and brother Knight Joe Jordan.

Joe will show you the keys to a prosperous retirement without losing sight of your faith and values. His message has helped boomers & seniors with successful retirement strategies that go beyond just ROI (Return on Investment) and deal with ROL (Return on Life).

In "Purpose Driven Retirement Strategies" Joe will discuss the two fundamental questions you will face when planning for retirement: 1) How will you spend your time? 2) How are you going to pay for it?

You're cordially invited to join our new webinar where Joe will be your guide to devising a meaningful and secure retirement strategy!

Register today to reserve your spot.

Date: February 23, 2023

Time: 7:00 p.m.

Registration link: purpose.abbatekofc.com

LIFE INSURANCE - DISABILITY INCOME INSURANCE - LONG-TERM CARE INSURANCE - RETIREMENT ANNUITIES



**Knights of
Columbus®**
The Abbate Agency
www.abbatekofc.com

Visit our website for more information: www.abbatekofc.com
Call or email us at: 1-866-368-1492 / abbateagencyemail@kofc.org
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SECOND ANNUAL



GOLF TOUR NAMENT

FRIDAY, MAY 5 2023

**SAVE THE DATE!
HELL'S POINT GOLF CLUB
Virginia Beach**

**For more information,
call 1-866-868-1492**



**Hell's Point
Golf Club**



Roanoke Council 562 Officers 2022-23

Grand Knight	Clyde Moak	540-418-5148
Dep. Grand Knight	Nate Griffith	804-837-8874
Chancellor	Dan McBride	540-389-5903
Warden	Stephen Ratliff	540-774-4796
Chaplain	Fr. George Zina	407-758-8855
Treasurer	Val Bernys	540-798-3128
Recorder	Jan Hodnett	540-819-5456
Advocate	Rich Whitney	443-465-7742
Outside Guard	Chris Johnson	540-589-3567
Inside Guard	Tom Huck	540-597-2121
Trustee, 3 Year	Bill Howard	540-989-9399
Trustee, 2 Year	James Valenzuela	301-806-3920
Trustee, 1 Year	Roger Vest	540-520-8520

Chairmen 2022-23

Program Director	Nate Griffith	804-837-8874
Faith	Roger Vest	540-520-8520
Family	Stephen Ratliff	540-774-4796
Community	James Valenzuela	301-806-3920
Life	Keith Gatzke	540-598-0605
Vocations	Open	
Retention	Open	
Public Relations	Open	

Corporation Board 2022-23

President	Roger Vest	540-520-8520
Vice President:	James Valenzuela	301-806-3920
Treasurer:	Jan Hodnett	540-819-5456
Board Member:	Val Bernys	540-989-9282
Board Member:	Pat Reidy	540-725-8206
Board Member:	Clyde Moak	540-418-5148
Board Member	Bill Howard	540-989-9399
Board Member:	Dan McBride	540-389-5903
Board Member:	Paul Miller	540-989-7840

In case of illness, need, or death, please notify one of the following:

Grand Knight

Clyde Moak 540-418-5148

Financial Secretary

Brian Ripple 540-797-5823

Fraternal Benefits

Jack Clarke 540-204-4984

Jack.Clarke@KOFC.ORG

Roanoke Council 562 Home:

3136 Harris Street, Roanoke, VA 24015

Mail:

PO Box 20974, Roanoke, VA 24018

Disclaimer

Opinions expressed in this publication are those of the authors and do not necessarily reflect those of Roanoke Council 562 or the Knights of Columbus.