



THE KNIGHTLY NEWS

Roanoke Council #562 Newsletter

May, 2023

Upcoming Events

5/1 (Monday) May Council Business Meeting. Dinner served at 6:30. Meeting at 7:30.

5/5 (Friday) Knights of Columbus State Golf Tournament - Virginia Beach

5/5-7 (Friday-Sunday) Knights of Columbus Virginia State Convention - Virginia Beach

5/14 (Sunday) Mothers' Day

5/18 (Thursday) Ascension of the Lord

5/20 (Saturday) Exemplification of the 4th Degree - St Elias, Roanoke

5/22 (Monday) May 4th Degree Assembly Meeting. Election of Assembly Officers. Dinner served at 6:30. Meeting at 7:30.

5/27 (Saturday) Placing flags at St. Andrew's Cemetery

5/28 (Sunday) Feast of Pentecost.

5/29 (Monday) Memorial Day. Mass at St. Andrew's Cemetery 11:00

6/3-4 (Saturday-Sunday) St. Elias Festival

6/5 (Monday) June Council Business Meeting. Election of Council Officers. Dinner served at 6:30. Meeting at 7:30

6/8 (Sunday) Feast of Corpus Christi

Please also refer to our Facebook page: <https://www.facebook.com/RoanokeKnights/> for additional announcements

Grand Knight's Report

Worthy Brothers,

Many of you don't know that I am a member of the choir of St Andrews, so I spend the beginning of mass looking down from the choir loft. During the Easter season I look down and see more people than usual. Talking to others at mass they agree that during the Easter season we see more people than usual (similar to Christmas season). Many feel that these are the nominal Catholics – those who grew up as Catholics but are not really practicing Catholics any more.

This reminds me that we are called as Knights of Columbus to be practicing Catholics – but do we all remember what that means. Fr Mick Schmitz gives short talks on Ascension presents on YouTube and he spoke about this a few times over the years. I think that this is a good time to remind ourselves on the minimum we are called to do to be Practicing Catholics.

1. Follow the 10 Commandments (I am not going to write these out and trust we all know them).
2. Assent to the Teachings of the Church – Most of the main points are in the Nicene Creed.
3. Follow 5 basic precepts of the Church (These are the basic minimum to live the faith per the Catechism of the Catholic Church):

Continued, P2

In This Issue

Upcoming Events	P1
Grand Knight's Report	P1,2
In This Issue	P2
May Birthdays	P2
Upcoming Degree Ceremonials	P2
Olympic Park Pool	P3
Retirement Planning	P3
April Business Meeting Highlights	P3
Saint of the Month	P4
Prayer Requests	P4
Proposed Council Officers for 2023-24	P5
Flag Placement at St. Andrew's Cemetery	P5
Roanoke Lebanese Festival	P5,7
Resolution to Increase State Per Capita	P6
State Golf Tournament	P8
Officers and Committees	P9
In Case of Emergency	P9

May Birthdays

Birthday wishes to the following Brother Knights with birthdays in May:

Fred Alouf Jr	May 1
John Clarke	May 7
Brian Duffy	May 8
Christopher Larsen Sr	May 9
Daniel Ballard	May 10
David Bowers	May 11
Eric Reichardt	May 11
Travis Schmitt	May 11
Alfonso Sardo	May 13
Robert Ward	May 14
John Poissant	May 15
Fred Najjum	May 16
Joseph Nardone	May 22
John Biggio	May 24
Joseph Moses	May 24
Brian Carroll	May 25
Herman Turk Jr	May 26
Keith Griswold	May 28
Vernon Jolley Jr	May 31

GK Report, Continued from P1

- Go to Mass Sunday and on Holy Days of Obligation (This is approx. 65hrs/yr).
- Go to Confession at least once a year.
- Take Communion at least once a year during the Easter Season.
- Observe prescribed days of abstinence from meat (Fridays of Lent and Ash Wednesday) and follow the days of fasting (Only 2 days of fasting – Ash Wednesday and Good Friday). Fasting is 1 regular size meal and 2 small meals which is not equal to a regular size together.
- Provide for material needs of the Church according to your abilities.

That is the minimum requirements the Church is asking of us to be a practicing Catholic. If you have a relative or friend who has fallen to just a nominal Catholic challenge them to pick up all three points or at least one or two of them. This is what it is to live our Faith.

Vivat Jesus

Clyde Moak, Grand Knight

Upcoming Degree Ceremonials

- Exemplification of Charity, Unity, and Fraternity - TBA



- Exemplification of Patriotism - Saturday, May 20, 2023 - St. Elias, Roanoke



Olympic Park Pool

Hello all. Did you know that one of the Greatest benefits of membership in our council is the discount for Olympic Park Pool. We have a wonderful large sized community pool that is run by our Council to pay for our property operation costs. This means that you as a member get 50% off. This is an incredible deal for our member families. Check out our pool - you will love it - and we have an award winning swim team as well!!!

Single – \$157.50

Family of 2 - \$180

Family of 3 - \$195

Family of 4 - \$215

Family Max - \$225



Visit our website at

www.olympicparkpool.org .

Retirement Planning

Faith and charity are key elements of life, but are they at the center of your retirement planning and life insurance decisions? With a proud history of more than 140 years of helping its members, the Knights of Columbus helps Catholic families with insurance and retirement planning solutions. Most importantly, we do this in a way that is compatible with Catholic teaching and the US Conference of Catholic Bishops' investment guidelines. Today, we have expanded our offerings to include retirement annuities, long-term care insurance and disability income insurance. Beyond the benefits of financial protection, members may take satisfaction in knowing that Knights of Columbus contributes to causes that align with Catholic moral teaching. Let your faith inspire your financial decisions. Terms and conditions apply, learn more by calling Jack Clarke, 540-204-4984.

April Business Meeting Highlights

- The Chaplain reflected on Holy Week as the foundation of our faith. The Eucharist and the Priesthood were established on Holy Thursday; our salvation was made possible thru the Passion and Resurrection.
- The Grand Knight shared his experience in visiting a concentration camp on his recent trip to Austria.
- Our 2023 KOVAR drive will be held the weekend of June 2-3 at the Towers and Crossroads ABC stores.
- Food pickup for the Christian Soldiers Food Bank is going well. Brothers are asked to help on Thursday mornings.
- The Chancellor reported that seminarians have been identified for annual monetary awards.
- The Silver Rose was at St. Andrew's on March 23; thanks to Brothers who participated. The St. Joseph icon will be here in May.
- The kids backpack snacks program is going well. Plastic grocery bags are always needed.
- 4th Degree is scheduled for May 20 at St. Elias. Help is needed for setup and in the hospitality suite on Friday night.
- The Field Agent reminded the members of the State Golf Tournament on May 5.. A webinar on whole life insurance will be held on April 26.
- The District Deputy announced a virtual degree on April 23.
- A resolution is proposed to raise State per capita from \$4.00 to \$7.00 per year.
- An Oktoberfest fundraiser is proposed for September at the Council Home.
- Olympic Park Pool opens Memorial Day weekend 5/27-29. Help is needed to prepare the pool for opening.

Saint of the Month

Bede the Venerable

Bede was born 672/673 in Northumbria, England; nothing is known of his parentage or early childhood. At the age of seven he was taken to the Benedictine monastery of St. Peter at Monkwearmouth, and later to the monastery of St. Paul at Jarrow. Bede was ordained a deacon when 19 years old and priest when 30. With exception of a few outside visits, he seems to have lived his entire life at Monkwearmouth-Jarrow.

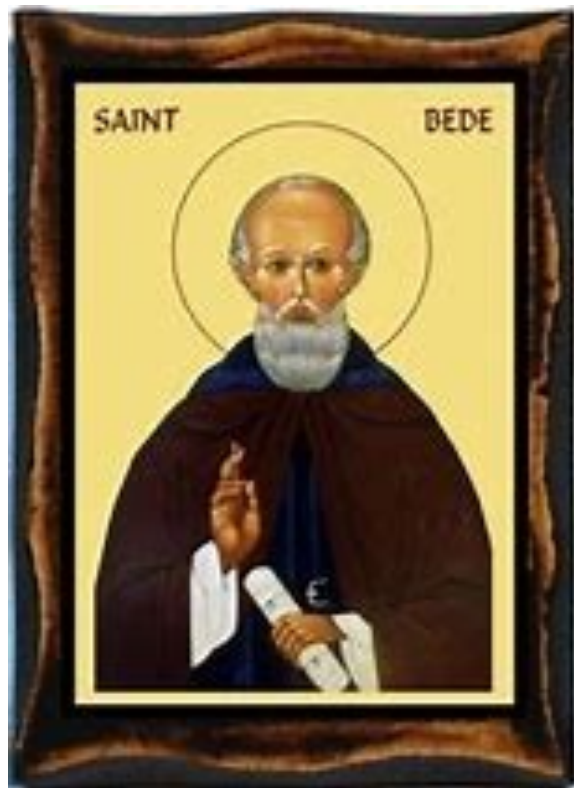
Bede is remembered as a teacher, scholar and prolific writer. He is considered to be one of the greatest teachers and writers of the Early Middle Ages (600-800AD). From the time of his ordination to the priesthood Bede was occupied with learning, writing, and teaching. His most famous work, *Ecclesiastical History of the English People*, gained him the title "The Father of English History." It is an account of Christianity in England up to 729 and is a primary source of early English history.

He is also well-known for his writings on chronology, particularly for calculating the date(s) of Easter. The method of dating events from the time of Christ's birth - i.e., AD (*anno Domini*) - came into general use through Bede's works on chronology.

Bede is one of the few saints honored as such even during his lifetime; he was as well known and especially recognized for his biblical commentaries and for his other theological works. His writings were filled with such faith and learning that even while he was still alive, a Church council ordered them to be read

publicly in the churches.

Bede died in 735 praying his favorite prayer: "*Glory be to the Father, and to the Son, and to the Holy Spirit. As is in the beginning, so now, and forever.*" He was canonized and declared Doctor of the Church in 1899 by Pope Leo XIII. His feast day is May 25.



Prayer Requests

Please keep Brother Knights and their family members in your prayers:

- Ed Malinowski
- Jane Wills, mother of BK Steve Wills
- Al and Lynn Bertolacci
- Glen Waldis
- Chris Sheets
- Meggen Devlin, daughter-in-law of BK Joe Devlin
- Beth Ashmus, sister-in-law of BK Rich Whitney

Proposed Council Officers for 2023-24

Grand Knight: Clyde Moak
Deputy Grand Knight: James Valenzuela
Chancellor: Open
Warden: Steve Ratliff
Recorder: Jan Hodnett
Advocate: Nate Griffith
Treasurer: Val Bernys
Inside Guard: Tom Huck
Outside Guard: Chris Johnson
Trustee 3 year: Rich Whitney
Trustee 2 year: Bill Howard
Trustee 1 year: Roger Vest

GK Delegate: Clyde Moak
PGK Delegate: James Valenzuela
Alt GK Delegate: Open
Alt PGK Delegate: Bill Howard

Flag Placement at St. Andrew's Cemetery

Each year at Memorial Day, it has been our custom to place flags on the graves of military veterans at St. Andrew's Cemetery. This event is sponsored by Roanoke Assembly 1167; all are welcome to participate. This is a especially good opportunity to introduce children and grandchildren to the concept of patriotism. It's one of our most solemn occasions to honor those patriots who have given parts of their lives in service to our nation.

We will meet at the maintenance building at St. Andrew's Cemetery at 9:00 on Saturday, May 27. The activity usually only takes a couple hours.

Also, all are encouraged to attend the annual Memorial Day Mass at the cemetery on Monday, May 29 at 11:00 in the new chapel.



Roanoke Lebanese Festival

The 2023 Roanoke Lebanese Festival will be held the weekend of June 2-4 at St. Elias Maronite Catholic Church. A wide range of activities (music, folk dancing, kids activities) and delicious Lebanese food are available.

Schedule:

- Friday, 6/2 11:00-9:00 (food line closes at 8:00).
- Saturday, 6/3 11:00-9:00 (food line closes at 8:00).
- Sunday, 6/4 11:00-8:00

Volunteers are needed, so please respond as you are able. Come on out and enjoy some great fellowship and delicious food.



Resolution to Increase the State Per Capita and Per Diem

Editor's note: The following proposed resolution will be considered at the Virginia State Convention in May, and it will be discussed at the May 1 council meeting to provide input for our delegates to the state convention.

Submitted By: State Officers, Finance Committee, Audit Committee and Past State Deputy Committee

WHEREAS; the Virginia State Council operating income is the per capita assessment; and

WHEREAS; the institution by Supreme Council of the affiliate council program has provided financial relief to the councils it has reduced the Virginia State Council income by approximately 15%; and

WHEREAS; the current per capita of \$4.00 per member is the lowest within the Order in the United States and has not increased since 2003, while operating costs have increased significantly since 2003; and

WHEREAS; the Virginia State Council has not raised the per diem rate of \$50.00 per day and \$0.26 per mile one way for delegates to the Annual Meeting since 2007, while hotel and fuel costs have risen significantly in that time frame and

WHEREAS, other Virginia State Council fundraisers such as football sweepstakes and car raffle have produced very little additional income in recent years; and

WHEREAS, the District Deputies are expected to attend the fall and spring quarterly meetings and are not currently reimbursed for mileage and expenses by the Supreme Council or State Council

THEREFORE BE IT RESOLVED that Article V, Section 2 of the Virginia State By-laws be amended to read as follows:

Amount of Assessment: The Annual Per Capita assessment upon Subordinate Councils shall be seven dollars

(\$7.00) per member per year effective with the assessments levied for, and payable beginning with the 2024-2025 Columbian year. In the case of College Councils, the assessment will be fifty percent (50%) of other Subordinate Councils; and

BE IT FURTHER RESOLVED that Article V, Section 9 be amended to read as follows:

Mileage and Per Diem for Annual Meetings: The minimum per diem and mileage reimbursement rates shall be established beginning with the 2025 Annual Meeting as one hundred dollars (\$100.00) per day and fifty-two cents (\$0.52) per mile one way respectively as recommended by the mileage and per diem committee and approved by the State Council. Only one mileage and per diem payment shall be made to any one individual and a mileage and per diem payment may not be split among more than one individual.

BE IT FURTHER RESOLVED that Article V, Section 13 will include the following paragraph:

"The Virginia State Council will shall pay District Deputies who attend the October and March Quarterly meetings, \$0.52 per mile one way and a stipend of \$100.00 if a hotel room night is booked beginning with the 2024-2025 Columbian year.





ROANOKE

LEBANESE FESTIVAL

JUNE 2-4, 2023

FREE Admission & Parking

3 DAYS

FRI 6/2

11:00 AM - 9:00 PM

SAT 6/3

(Food ends at 8:00 PM)

SUN 6/4

11:00 AM - 8:00 PM

of **FOOD,**

Kabobs, hummus, tabouli, kibbee,
chicken shawarma, and more...

and
FUN,
CULTURE

Games and activities –
Kids welcome!

Arabic music, traditional dancing,
church tours



St. Elias Maronite Catholic Church
4730 Cove Rd NW, Roanoke

Ahla w sahla! • Welcome!

ONLINE ORDERING & TAKEOUT AVAILABLE

lebanesefestival.steliaschurch.org

SECOND ANNUAL



GOLF TOUR NAMENT

FRIDAY, MAY 5 2023

**SAVE THE DATE!
HELL'S POINT GOLF CLUB
Virginia Beach**

**For more information,
call 1-866-868-1492**



Roanoke Council 562 Officers 2022-23

Grand Knight	Clyde Moak	540-418-5148
Dep. Grand Knight	Nate Griffith	804-837-8874
Chancellor	Dan McBride	540-389-5903
Warden	Stephen Ratliff	540-774-4796
Chaplain	Fr. George Zina	407-758-8855
Treasurer	Val Bernys	540-798-3128
Recorder	Jan Hodnett	540-819-5456
Advocate	Rich Whitney	443-465-7742
Outside Guard	Chris Johnson	540-589-3567
Inside Guard	Tom Huck	540-597-2121
Trustee, 3 Year	Bill Howard	540-989-9399
Trustee, 2 Year	James Valenzuela	301-806-3920
Trustee, 1 Year	Roger Vest	540-520-8520

Chairmen 2022-23

Program Director	Nate Griffith	804-837-8874
Faith	Roger Vest	540-520-8520
Family	Stephen Ratliff	540-774-4796
Community	James Valenzuela	301-806-3920
Life	Keith Gatzke	540-598-0605
Vocations	Open	
Retention	Open	
Public Relations	Open	

Corporation Board 2022-23

President	Roger Vest	540-520-8520
Vice President:	James Valenzuela	301-806-3920
Treasurer:	Jan Hodnett	540-819-5456
Board Member:	Val Bernys	540-989-9282
Board Member:	Pat Reidy	540-725-8206
Board Member:	Clyde Moak	540-418-5148
Board Member	Bill Howard	540-989-9399
Board Member:	Dan McBride	540-389-5903
Board Member:	Paul Miller	540-989-7840

In case of illness, need, or death, please notify one of the following:

Grand Knight

Clyde Moak 540-418-5148

Financial Secretary

Brian Ripple 540-797-5823

Fraternal Benefits

Jack Clarke 540-204-4984

Jack.Clarke@KOFC.ORG

Roanoke Council 562 Home:

3136 Harris Street, Roanoke, VA 24015

Mail:

PO Box 20974, Roanoke, VA 24018

Disclaimer

Opinions expressed in this publication are those of the authors and do not necessarily reflect those of Roanoke Council 562 or the Knights of Columbus.